



REFERENCE LIST – CANNABIS USE AND YOUTH: A PARENT'S GUIDE

The goal of *Cannabis Use and Youth: A Parent's Guide* is to offer parents an honest and thoughtful discussion on cannabis to help them make decisions about cannabis use – or non-use – in the context of their family. This list of references is a supplement to the guide. It provides the references to the research discussed in the first section of the guide where common claims about cannabis are examined.

The references are arranged according to what the research suggests about each claim in the 'you may have heard' section of the guide. Links to the materials are included if available online. Materials not available online may be accessed through your local library.

Cannabis use has a greater impact on younger developing brains than older brains

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It is unlikely cannabis alone is the cause of psychosis, but some people may be more vulnerable

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For light cannabis users, the risk of cancer is low

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Cannabis use is not likely the primary factor in a youth leaving school

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Cannabis is not likely the primary factor in a person's choice to use other illicit drugs

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Not all cannabis available today has higher THC content

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Short-term effects of cannabis impair skills connected with safe driving

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Risk of respiratory problems increases with frequency and mode of cannabis use

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Cannabis is unlikely to be mixed with other drugs

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