

publication title	unit price	quantity	total
Mental Disorders Self-Management Toolkit	\$12		
Anxiety Disorders Self-Management Toolkit ( <i>limited inventory</i> )	\$12		
Depression Self-Management Toolkit	\$12		
Primer Fact Sheets ( <i>singles</i> )	please inquire		
Problem Substance Use Workbook ( <i>photocopies only</i> )	\$12		
Family Toolkit	\$20		
Wellness Modules 1-8 ( <i>please indicate choice(s) below</i> ) ___1: Mental Health Matters    ___4: Problem Solving    ___7: Eating and Living Well ___2: Stress and Well-Being    ___5: Anger Management    ___8: Healthy Thinking ___3: Social Support    ___6: Getting a Good Night's Sleep	75¢/sheet		
Full-colour Poster (18x24", <i>folded</i> )	\$2		
Depression, Anxiety, Alcohol & Other Drugs ( <i>brochure</i> )	40¢		
Heretohelp.bc.ca ( <i>brochure</i> )	40¢		
Visions Journal ( <i>see www.heretohelp.bc.ca/publications/visions for list of issues</i> ) Issue theme: _____	\$7		
Visions Journal subscription ( <i>one year: 4 issues</i> ) <i>see www.heretohelp.bc.ca/publications/visions to see if you qualify for a free subscription</i>	\$25/year		
<b>subtotal</b>		\$	
<b>+ 12% shipping/handling*</b>		\$	
<b>+ 12% HST</b>		\$	
<b>TOTAL</b>		\$	

\* applies to Canadian orders only. Orders outside Canada are subject to a 25-30% s/h fee depending on the size of the order.

## your contact information

name \_\_\_\_\_ dept. or title \_\_\_\_\_  
 organization \_\_\_\_\_  
 mailing address \_\_\_\_\_  
 phone \_\_\_\_\_ order date \_\_\_\_\_

## billing

**Please invoice my organization** (payable within 30 days of invoice receipt; make cheques payable to Canadian Mental Health Association, BC Division (as administrators of BC Partners publications). If we have not worked with your organization before and it is a larger order, we may request pre-payment).

**I would prefer to pay by credit card:**     Visa     MasterCard

card number \_\_\_\_\_ expiry date \_\_\_\_\_ / \_\_\_\_\_

signature \_\_\_\_\_

- Bulk discounts may be available; please call for details
- All proceeds from the sale of publications will be re-invested into the production of more resources
- The order form above only includes items currently available to order; as new resources become available, they will be incorporated

fax 604.688.3236  
 tel 1.800.661.2121  
 email orders@heretohelp.bc.ca  
 mail BC Partners Publications  
 1200-1111 Melville Street  
 Vancouver, BC  
 V6E 3V6 Canada