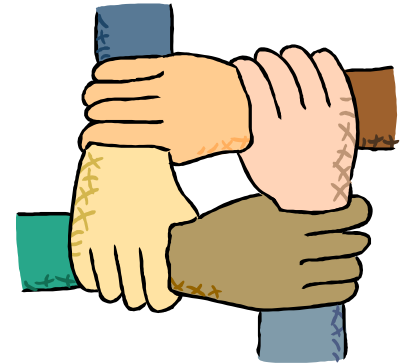


# Buddies Wanted

- ♥ Do you have the experience of having a family member or close friend with a mental illness?
- ♥ Are you in a good place in coping with your experience?
- ♥ Would you be willing to be matched with another person who shares your experience and provide them with a friendly listening ear?



[Organization Name Here] is looking for people interested in providing one-on-one peer support buddy services to family and supporting friends of people with serious and persistent mental illness.

Family Peer Support Buddies volunteer within their own community and provide listening and support via telephone or in person on a weekly basis for up to 3 months or 10 contacts. The service is for support only, not crisis help or counselling, and the coordinator is available to provide additional referrals as required.

Coordinators at [Organization Name Here] will provide brief training, information and supervision for the volunteers.

## Buddy Volunteer Qualifications



- Reliable, friendly and a good listener.
- Successful completion of screening and training.
- Personal experience as a family member or family-like supporter of a person with serious and persistent mental illness
- Ability to speak and write in English. Additional languages are a definite asset.

**Time Commitment:** Attendance at 3 hour training and orientation session. After the orientation, you may be provided with a matched family member to meet with in person or by phone on a mutually agreed schedule, approximately once a week for one hour.

For information, call